



P.E Curriculum Map 2017/18

Year Group term	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Reception	<p>Gym- balance, different forms of travel</p> <p>FMS focus is static and dynamic balancing</p>	<p>Games (focus on throwing catching games)</p> <p>FMS focus is coordination (ball skills) - moving ball/BB around body before progressing onto rolling, throwing at a target, as well as catching.</p>	<p>Dance</p> <p>FMS focus is agility-moving in various ways in different direction (sidesteps, forwards, backwards)</p>	<p>Gym</p> <p>FMS focus is agility and co- ordination through stretching, landing, rolling, twisting and moving in different directions</p>	<p>Games (basic skills run,jump,throw catch in game situation)</p> <p>FMS focus is dynamic balancing different jumps (taking off with 2 feet landing on 1 foot) and revisit throwing and catching.</p>	<p>Athletics</p> <p>Net and wall (tennis)</p> <p>FMS focus: Co-ordination travelling in different methods such as skipping galloping. Striking a ball with different equipment, catching.</p>
Year 1	<p>Gym -balance, different forms of travel</p> <p>FMS focus is static and dynamic balancing</p>	<p>Games (focus on throwing catching games)</p> <p>FMS focus is coordination (ball skills)- moving ball/BB around body before progressing onto rolling, throwing at a target, as well as catching.</p>	<p>Dance</p> <p>FMS focus is agility-moving in various ways in different direction (sidesteps, forwards, backwards)</p>	<p>Gym</p> <p>FMS focus is agility and co- ordination through stretching, landing, rolling, twisting and moving in different directions</p>	<p>Games (basic skills run, jump, throw catch in game situation)</p> <p>FMS focus is dynamic balancing different jumps (taking off with 2 feet landing on 1 foot) and revisit throwing and catching.</p>	<p>Athletics</p> <p>Net and wall (tennis)</p> <p>FMS focus:Co-ordination travelling in different methods such as skipping galloping. Striking a ball with different equipment, catching.</p>
Year 2	<p>Gym- balance, different forms of</p>	<p>Games (focus on throwing catching games)</p>	<p>Dance</p> <p>FMS focus is agility-moving in various ways</p>	<p>Gym</p> <p>FMS focus is agility</p>	<p>Games (basic skills run,jump,throw</p>	<p>Athletics</p> <p>Net and wall (tennis)</p>



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	<p>travel</p> <p>FMS focus is static and dynamic balancing</p>	<p>FMS focus is coordination (ball skills)- moving ball/BB around body before progressing onto rolling, throwing at a target, as well as catching</p>	<p>in different direction (sidesteps, forwards, backwards)</p>	<p>and co- ordination through stretching, landing, rolling, twisting and moving in different directions</p>	<p>catch in game situation) Athletics</p> <p>FMS focus is dynamic balancing different jumps(taking off with 2 feet landing</p>	<p>FMS focus:Co- ordination travelling in different methods such as skipping galloping. Striking a ball with different</p>
Year 3	<p>Gym -balance, different forms of travel and creating a routine</p>	<p>Invasion games (Basketball/netball)</p>	<p>Dance</p>	<p>Net and Wall (tennis)</p>	<p>Striking and Fielding (Cricket) Swimming</p>	<p>Athletics Invasion games (football) Swimming</p>
Year 4	<p>Gym- balance, different forms of travel and creating a routine</p>	<p>Invasion games (Basketball/netball)</p>	<p>Dance</p>	<p>Net and Wall (tennis) Swimming</p>	<p>Striking and Fielding (Cricket) Swimming</p>	<p>Athletics Invasion games (football)</p>
Year 5	<p>Gym- balance,</p>	<p>Invasion games</p>	<p>Dance</p>	<p>Net and Wall</p>	<p>Striking and</p>	<p>Athletics</p>



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	different forms of travel and creating a routine	(Basketball/netball) Swimming	Swimming	(tennis)	Fielding(Cricket)	Invasion games (football)
Year 6	Gym- balance, different forms of travel and creating a routine Swimming	Invasion games (Basketball/netball) Swimming	Dance	Net and Wall (tennis)	Striking and Fielding	Athletics Invasion games (football)

A minimum of 2 hours of PE MUST be taught to each year group each week

FMS= Fundamental Movement Skills which consist of Agility, Balance and Co-ordination and will be taught both discretely and within the areas of P.E termly.