

## P.E Curriculum Map 2016/17

Year Group term	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<b>Reception</b>	<p><b>Gym- balance, different forms of travel</b></p> <p>FMS focus is static and dynamic balancing</p>	<p><b>Games</b> (focus on throwing catching games)</p> <p>FMS focus is coordination (ball skills)- moving ball/BB around body before progressing onto rolling, throwing at a target, as well as catching.</p>	<p><b>Dance</b></p> <p>FMS focus is agility- moving in various ways in different direction (sidesteps, forwards, backwards)</p>	<p><b>Gym</b></p> <p>FMS focus is agility and co- ordination through stretching, landing, rolling, twisting and moving in different directions</p>	<p><b>Games</b> (basic skills run,jump,throw catch in game situation) <b>Athletics</b></p> <p>FMS focus is dynamic balancing different jumps(taking off with 2 feet landing on 1 foot ) and revisit throwing and catching.</p>	<p><b>Athletics</b> <b>Net and wall (tennis)</b></p> <p>FMS focus: Co-ordination travelling in different methods such as skipping galloping. Striking a ball with different equipment, catching.</p>
<b>Year 1</b>	<p><b>Gym -balance, different forms of travel</b></p> <p>FMS focus is static and dynamic balancing</p>	<p><b>Games</b> (focus on throwing catching games)</p> <p>FMS focus is coordination (ball skills)- moving ball/BB around body before progressing onto rolling, throwing at a target, as well as catching.</p>	<p><b>Dance</b></p> <p>FMS focus is agility- moving in various ways in different direction (sidesteps, forwards, backwards)</p>	<p><b>Gym</b></p> <p>FMS focus is agility and co- ordination through stretching, landing, rolling, twisting and moving in different directions</p>	<p><b>Games</b> (basic skills run,jump,throw catch in game situation) <b>Athletics</b></p> <p>FMS focus is dynamic balancing different jumps(taking off with 2 feet landing on 1 foot ) and revisit throwing</p>	<p><b>Athletics</b> <b>Net and wall (tennis)</b></p> <p>FMS focus:Co-ordination travelling in different methods such as skipping galloping. Striking a ball with different equipment,</p>

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					and catching.	catching.
<b>Year 2</b>	Gym- balance, different forms of travel  FMS focus is static and dynamic balancing	Games (focus on throwing catching games)  FMS focus is coordination (ball skills)- moving ball/BB around body before progressing onto rolling, throwing at a target, as well as catching	Dance  FMS focus is agility- moving in various ways in different direction (sidesteps, forwards, backwards)	Gym  FMS focus is agility and co-ordination through stretching, landing, rolling, twisting and moving in different directions	Games (basic skills run, jump, throw catch in game situation) Athletics  FMS focus is dynamic balancing different jumps(taking off with 2 feet landing)	Athletics Net and wall (tennis)  FMS focus:Co-ordination travelling in different methods such as skipping galloping. Striking a ball with different
<b>Year 3</b>	Gym -balance, different forms of travel and creating a routine	Invasion games	Dance	Invasion games  Swimming	Striking and Fielding (Cricket, rounders) Swimming	Athletics Net and Wall (tennis)  Swimming
<b>Year 4</b>	Gym- balance, different	Invasion games	Dance	Invasion games	Striking and Fielding	Athletics

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	forms of travel and creating a routine	4 weeks Rugby 4 weeks netball		Swimming	(Cricket, rounders)  Swimming	Net and Wall (tennis)  Swimming
<b>Year 5</b>	Gym- balance, different forms of travel and creating a routine	Invasion games 4 weeks Rugby 4 weeks netball  Swimming	Dance Swimming	Invasion games (basketball and football)	Striking and Fielding(Cricket, rounders)	Athletics  Net and Wall (tennis)
<b>Year 6</b>	Gym- balance, different forms of travel and creating a routine  Swimming	Invasion games 4 weeks Rugby 4 weeks netball  Swimming	Dance	Invasion games (basketball and football)	Striking and Fielding	Athletics  Net and Wall (tennis)

A minimum of 2 hours of PE MUST be taught to each year group each week

FMS= Fundamental Movement Skills which consist of Agility, Balance and Co-ordination and will be taught both discretely and within the areas of P.E termly.